



Senior Care Kits

Help support and connect older adults who are isolated by providing personal care items and activities. A personal note of encouragement helps seniors know they are loved!

Holding a personal care item drive and packing project to provide wellness kits for older adults in isolation is a great way to let them know that we are in this together.

Supplies Needed:

- Large box or plastic bin to use as donation bin
- Gallon Ziploc bags
- Notecard to insert in bag
- Boxes or bins to place completed kits in for pick-up/delivery
- CARE KIT ITEMS!

Item	Amt per kit
Crossword/Sudoku Puzzle	1
Coloring sheets/pencils	1
Pack of tissues	1
Hand lotion	1
Antibacterial wipes	1
Chapstick	1
Dove chocolates	2
Bar of antibacterial soap	1
Note of support/encouragement	1

These items can be found at a variety of stores, please email volunteer@uwpc.org for options. Similar items may be substituted; please only include new, unused items.

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**COVID-19
RESPONSE**

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Donation Drive Checklist (new items only, please):

- ☐ Announce donation drive with friends, family, colleagues and neighbors
- ☐ Find a collection site in a common area and a large box or plastic bin to collect donations
- ☐ Set a goal (*i.e.*, “We will collect enough snack items to pack 100 Care Kits!”)
- ☐ Promote your drive
 - Email your staff/group
 - Consider an awareness activity—place yourselves in the shoes of those less fortunate (visit <http://www.uwpc.org/campaign-coordinator-tools> and look for the “Making Choices” game)
- ☐ Hold fun activities and/or promotions for your drive
 - Consider a contest or competition for who can raise the most donations
 - Fundraisers—bake sales, car washes, etc. with proceeds donated to purchase food items
- ☐ Collect donations—send out periodic reminders

Building Your Kits:

- ☐ Once you have collected/purchased all the necessary items, start planning your project
- ☐ You will need a space with a large table and enough room to spread out items in an assembly line format for volunteers to move through to build kits
- ☐ **Please be sure to wear a mask and gloves when assembling**
- ☐ Volunteers should start with one gallon bag and a support/encouragement card with a personalized message
- ☐ Have boxes or bins available to put completed kits in for storage and transport
- ☐ Finish your building project and contact the Volunteer Engagement Team at volunteer@uwpc.org or (253) 272-4263

****Please remember social distancing guidelines when packing Care Kits***

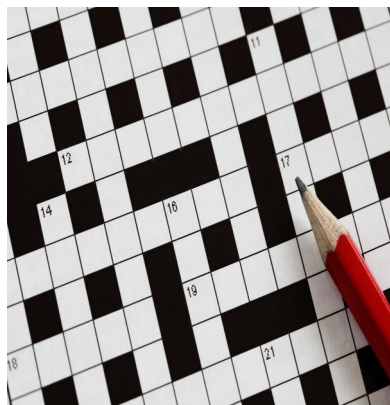
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Kit Items:

- ☑ Travel size hand lotion
- ☑ Travel size antibacterial wipes
- ☑ Chapstick
- ☑ Bar of antibacterial soap
- ☑ Dove chocolates
- ☑ Crossword/Sudoku puzzle
- ☑ Colored pencils
- ☑ Coloring sheets (downloadable)
- ☑ Note of support/encouragement



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